

# DAILY BREAKS

## Tea, Coffee & Light Refreshments

Tea & coffee [7](#)

Tea, coffee & cookies [1a](#), [1c](#), [3](#), [7](#)

Tea, coffee & gourmet biscuits or mini muffins [1a](#), [1c](#), [3](#), [7](#)

Tea, coffee, danish & muffins [1a](#), [1c](#), [3](#), [7](#)

Tea, coffee & croissants [1a](#), [3](#), [7](#)

(Served with butter & preserves)

Tea, coffee & scones [1a](#), [3](#), [7](#)

(Served with butter & preserves)

## Value Options

Tea, coffee, selection of juices & mini muffins [1a](#), [1c](#), [3](#), [7](#)

Tea, coffee, selection of juices, danish, muffins [1a](#), [1c](#), [3](#), [7](#)

## Drinks

Juice (orange, cranberry & apple)

Smoothie Shot Selection [7](#)

(3 Mini Healthy Smoothie Shots Per Person)

All menus are subject to VAT at applicable rates.

**Allergens**

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## Pick me ups

Pineapple, strawberry & melon skewers

Cool Break (Ice-Pops, Choc-Ice, Cornetto) [1a](#)

Chocolate break

(Mars bar, snickers, selection of snacks) [5, 7](#)

Hot Chocolate & marshmallow cups [7](#)

Vibrant Energy bars – Granola & Dark Chocolate [1a,3, 7](#)

(2 Mini Healthy Energy Per Person)

## Value Options

Selection of juices, smoothies and fruit skewers [7](#)

Selection of juices, energy bars and a cool break [1a, 3, 7](#)

All menus are subject to VAT at applicable rates.

**Allergens**